



INDIVIDUAL DECISION BY THE MEMBER FOR RESOURCES & PERFORMANCE

BURNLEY TOWN HALL

PRESENT

OFFICERS Elaine Newsome - Democracy Officer

23. Proposal for the development of Cardiac Rehabilitation

Purpose To seek approval for the establishment of a 12 month post (20 hours) for a Healthy Lifestyle Tutor on Grade 7 within Sport and Culture.

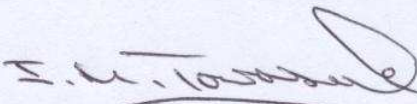
Reason For Decision Healthy Lifestyles has been successful in securing funding from the Clinical Commissioning Group's (CCG) Innovation Fund to deliver Stroke Rehabilitation as a 12 month pilot project. If this pilot project is successful and the health outcomes are achieved, it is seen as an opportunity to develop the boroughs already established Exercise on Prescription (BEEP) and Cardiac Rehabilitation. Furthermore, the CCG's vision is to roll out Stroke Rehabilitation across Pennine Lancashire.

Since the re-design of East Lancashire's Cardiovascular Health Improvement Programme, this provides rehabilitation for all cardiovascular patient groups except stroke survivors. The Best Practice guidance for the Development of Exercise after Stroke Services in Community Settings highlights the need to develop exercise sessions to improve aerobic capacity, walking ability, muscle power, gait and balance, and wellbeing support for people who have suffered a stroke to improve their physical and mental health.

Decision The Executive Member of Resources is recommended to approve the post of Healthy Lifestyle Tutor (Cardiac Rehabilitation) within Sport and Culture. The post holder will backfill a member of Healthy Lifestyles, who will set up and deliver a new service, Stroke Rehabilitation for Burnley residents.

This new service will be run as a 12 month pilot project and will deliver a needs based approach, providing an accessible, safe and clinically effective service for people who have been the victim of a stroke.

Decision made by:

 31/1/13.
Councillor Mark Townsend
Executive Member for Resources and Performance Management

Date: 31st January 2013

Decision Published on: 1st February 2013